



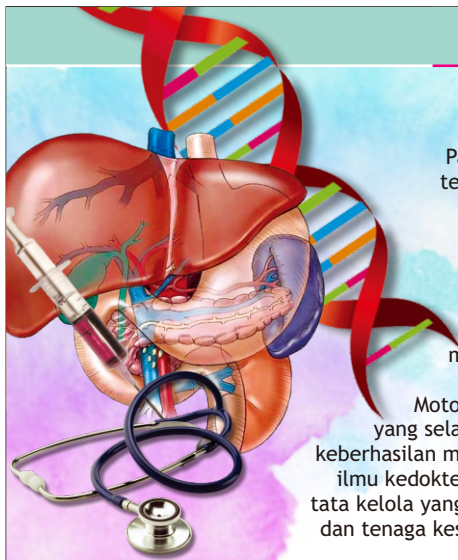
PIT 2022

PERTEMUAN ILMIAH TAHUNAN
ILMU PENYAKIT DALAM YOGYAKARTA

A NEW INSIGHT AND RECENT UPDATE OF
DISEASE MANAGEMENT ON INTERNAL MEDICINE



WEBINAR



LATAR BELAKANG

Pandemi COVID-19 menyebabkan perubahan dan adaptasi di segala aspek terutama kesehatan. Selain itu, perkembangan ilmu kedokteran di bidang ilmu penyakit dalam berlangsung semakin cepat. Teknik diagnostik dan tata laksana pasien berkembang dengan berbagai sarana diagnostik dan terapi yang semakin canggih, sehingga penanganan pasien diharapkan juga semakin baik.

Pelayanan penyakit dalam di Indonesia juga terus berkembang mengikuti perkembangan ilmu dan teknologi, diiringi peningkatan sarana dan prasarana rumah sakit, serta menjunjung prinsip *patient safety*. Moto *patient safety* jelas harus didukung dengan pengetahuan dan teknologi yang selalu *up to date*. Penanganan yang cepat dan efektif merupakan tolok ukur keberhasilan manajemen pasien. Di masa pandemi COVID-19 ini, semua perkembangan ilmu kedokteran disesuaikan dengan kondisi yang berhubungan dengan transmisi dan tata kelola yang tepat serta aman bagi petugas kesehatan terutama dokter, paramedis, dan tenaga kesehatan lain; tentu saja dengan tetap menjunjung tinggi *patient safety*.

Oleh karena itu, PAPDI cabang Yogyakarta melaksanakan Pertemuan Ilmiah Tahunan (PIT) XIX Ilmu Penyakit Dalam dengan tema ***A New Insight and Recent Update of Disease Management on Internal Medicine*** dalam bentuk simposium maupun workshop. Rangkaian agenda ini diharapkan sebagai sarana *transfer of knowledge* dan diskusi perkembangan kemajuan ilmiah di bidang ilmu penyakit dalam serta masalah-masalah klinis yang dijumpai dalam praktek sehari-hari dengan mengacu pada tata kelola yang aman, sebagai adaptasi perubahan di era pandemi COVID-19.

TEMA

TUJUAN

A NEW INSIGHT AND RECENT UPDATE OF DISEASE MANAGEMENT ON INTERNAL MEDICINE

BENTUK KEGIATAN

Pertemuan Ilmiah Tahunan Ilmu Penyakit Dalam dilaksanakan dengan sistem online selama 6 hari dalam bentuk simposium dan workshop

PESERTA

Spesialis Penyakit Dalam, Spesialis Lain, Dokter Umum dan Mahasiswa

- Meningkatkan pengetahuan tentang bukti-bukti ilmiah terkini tentang management kasus-kasus kegawatan di bidang ilmu penyakit dalam bagi dokter ahli penyakit dalam, dokter umum di Yogyakarta dan sekitarnya serta wilayah lain di Indonesia, dan ahli-ahli lain di bidangnya.
- Memicu kreativitas dan kepedulian Ilmiah bagi tenaga edukasi Bagian Penyakit Dalam melalui penelitian dan publikasi.
- Sebagai media silaturahmi dengan para alumni untuk mendapatkan masukan dan kemajuan di tahun-tahun berikutnya.
- Meningkatkan profesionalisme khususnya dalam manajemen kasus-kasus yang bersifat update secara komprehensif penyakit di bidang ilmu penyakit dalam.

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A NEW INSIGHT AND RECENT UPDATE OF
DISEASE MANAGEMENT ON INTERNAL MEDICINE

MINGGU, 6 MARET 2022
SIMPOSIUM PRA PIT

MINGGU, 13 MARET 2022
WORKSHOP PIT

SABTU-MINGGU, 19-20 MARET 2022
SIMPOSIUM & WORKSHOP PIT

SABTU-MINGGU, 26-27 MARET 2022
SIMPOSIUM & WORKSHOP PIT



WEBINAR

SIMPOSIUM PRA PIT | MINGGU, 6 MARET 2022

08.00 - 08.30	Registration
08.30 - 09.00	Moderator : dr. Dwita Dyah Adyarini, SpPD Update COVID-19 dr. Ika Trisnawati, M.Sc, SpPD, K-P
09.00 - 09.45	Case 1. Thyroid Dysfunction and Kidney Disorder In COVID-19 Infection Panelis 1 : dr. Vina Yanti Susanti, Ph.D, SpPD, K-EMD Panelis 2 : dr. Metalia Puspitasari, M.Sc, SpPD, K-GH Panelis 3 : dr. Eko Aribowo, M.Kes, SpPD, K-Ger
09.45 - 10.15	Thyroid Disorder in COVID-19 dr. M. Robikhul Ikhsan, M.Kes, SpPD, K-EMD
10.15 - 10.45	Manifestation of Kidney Disorder and Hemodialysis in COVID-19 dr. Yulia Wardhani, M.Sc, SpPD, K-GH
10.45 - 11.30	Moderator : dr. Prenali Dwisthi Sattwika, SpPD Case 2. COVID-19 and Coagulation : Bleeding and Thrombotic Manifestations Panelis 1 : dr. Catharina Triwikatmani, M.Kes, SpPD, K-GEH Panelis 2 : dr. Ayu Paramaiswari, SpPD, K-R Panelis 3 : dr. Yasjudan Rastrama, SpPD
11.30 - 12.00	Coagulopathy and Management of Thrombosis in COVID-19 dr. Johan Kurnianda, SpPD, K-HOM
12.00 - 12.30	Management of Gastrointestinal Bleeding and GIT Disorder in COVID-19 dr. Fahmi Indrarti, SpPD, K-GEH
12.30 - 13.00	ISHOMA
13.00 - 13.30	Moderator : dr. Endro Tanoyo, SpPD Case 3. Cardiac Complication in COVID-19 Infection Panelis 1 : dr. Doni Priambodo, SpPD, K-PTI Panelis 2 : dr. Noor Asiqah Sofia, SpPD, K-Psi Panelis 3 : dr. Anggoro budi Hartopo, Ph.D, SpPD, KKV, SpJP
13.30 - 14.00	Cardiac Clinical Manifestation in COVID-19 dr. Vita Yanti Anggrahini, Ph.D, SpPD, KKV, SpJP
14.00 - 14.30	COVID-19 Booster Vaccination dr. Deshinta Putri Mulya, M.Sc, SpPD, KAI

WORKSHOP PRA PIT | MINGGU, 13 MARET 2022

08.30 - 10.30	WORKSHOP 1 Update on Diagnostic and Treatment Options in TB SO and TB RO 1. Current TB Diagnosis dr. Trisetiana Kusumadewi, SpPD, K-P 2. Diagnosis and Management TB In Patient with Comorbid Disease dr. Nur Rachmi Ananda, SpPD, K-P 3. Diagnosis and Management of TBRO & Drugs Side Effect Management dr. Heni Retnowulan, M.Kes, SpPD, K-P Instruktur : dr. Harik Firmansyah, SpPD	WORKSHOP 2 Hepatitis B and Hepatitis C : Step By Step 1. Current Management of Hepatitis B dr. Fahmi Indrarti, SpPD, K-GEH 2. Current Management of Hepatitis C dr. Catharina Tri Wikatmani, SpPD, K-GEH 3. Diagnosis and Management of Hepatorenal Syndrome Dr. dr. Neneng Ratnasari, SpPD, K-GEH
10.30 - 12.30	WORKSHOP 3 Abnormal ECG : Interpretation, Causes and Management 1. Advanced ECG Interpretation dr. Irsyad Andi Arso, SpPD, SpJP(K) 2. Causes and Management of Atrial Arrhythmia dr. Hasanah Mumpuni, SpPD, SpJP (K) 3. Causes and Management of Ventricular Arrhythmia dr. Vita Yanti A, Ph.D, SpPD, SpJP(K)	WORKSHOP 4 Hypertension Management In Emergency and Special Condition 1. Update on Hypertension Crisis dr. R. Heru Prasanto, SpPD, K-GH 2. Hypertension in Pregnancy Breastfeeding dr. Iri kuswadi, SpPD, K-GH 3. Perioperative Management of Hypertension Dr. dr. Lucia Kris Dinarti, SpPD, K-KV, SpJP(K)

SIMPOSIUM & WORKSHOP PIT | SABTU, 19 MARET 2022

08.30 - 08.45	Registration Opening Ceremony By Head of PB PAPDI	
09.00 - 09.30	Plenary Lecture Moderator: Dr. dr. Probosuseno, SpPD, K-Ger Moderator: dr. Yanri Subronto, PhD, SpPD, K-PTI 1. Medicolegal in Pandemic Era Ketua IDI 2. The Role of Internist in Pandemic Era Ketua PB PAPDI	
09.30 - 10.30	SYMPOSIUM 1 - Diabetic Kidney Disease Moderator: dr. R. Bowo Pramono, SpPD, K-EMD Moderator: dr. Iri Kuswadi, SpPD, K-GH 1. Management of Diabetic Kidney Disease dr. R. Heru Prasanto, SpPD, K-GH 2. Nutrition in Diabetic Kidney Disease dr. Vina Yanti Susanti, Ph.D, SpPD, K-EMD	
10.30 - 11.30	SYMPOSIUM 2 - Management of Dyslipidemia, Management of Peptic Ulcer Moderator: dr. R. Bowo Pramono, SpPD, K-EMD Moderator: dr. Sutanto Maduseno, SpPD, K-GEH 1. Gerd Management : From Theory to Clinical Practices dr. Putut Bayupurnama, SpPD, K-GEH 2. Dyslipidemia Management : Time to Act dr. Hariadi Hariawan, SpPD, SpJP(K)	
11.30 - 12.30	SYMPOSIUM 3 - Big Leap in Type 2 Diabetes Management: GLP-1 RA Semaglutide Once-Weekly Moderator: dr. M. Robikhul Ikhsan, M.Kes, SpPD, K-EMD Moderator: Prof. dr. Ahmad Husein Asdie, SpPD, K-EMD 1. Semaglutide: Superior Glycemic Control, Weight Loss and CV Risk Reduction with Once Weekly Convenience dr. Hemi Sinorita, SpPD, K-EMD 2. Application of Semaglutide Once-Weekly in Clinical Practice dr. R. Bowo Pramono, SpPD, K-EMD	
12.30 - 12.45	Closing	
	PARALLEL WORKSHOP	
	WORKSHOP 5 Renal Replacement Therapy : Focus on CAPD	WORKSHOP 6 Comprehensive Pain Management
13.00 - 15.30	1. Concept and Indication of CAPD dr. Iri Kuswadi, SpPD, K-GH 2. Incremental PD and CAPD Prescription dr. R. Heru Prasanto, SpPD, K-GH 3. Peritoneal Dialysis Complication dr. Yulia Wardhani, SpPD, KGH Fasilitator : dr. Siti Nurrochmah, SpPD	1. Psychotherapy on Pain Management dr. Agus Siswanto, SpPD, K-Psi 2. Opioid in Palliatif Pain dr. Noor Asiqah Sofia, SpPD, K-Psi 3. Management of Pain in Geriatric Patient Dr. dr. Dewa Putu Pramantara, SpPD, K-Ger Fasilitator : dr. Anastasia Evi Handayani, Ph.D, SpPD

SIMPOSIUM & WORKSHOP PIT | MINGGU, 20 MARET 2022

08.30 - 09.30	SYMPOSIUM 4 - Immunosuppressants in Kidney Disease Moderator: dr. Ika Trisnawati, M.Sc, SpPD, K-P & dr. Susana Hilda Hutajulu, Ph.D, SpPD, K-HOM 1. The Role of Immunosuppressants In Kidney Disease Dr. Metalia Puspitasari, M.Sc, SpPD, K-GH 2. Management of Fungal Pneumonia in Immunosuppressive Patient dr. Bambang Sigit Riyanto, SpPD, K-P
09.30 - 10.30	SYMPOSIUM 5 - Advances in PAH & ACS: From Intervention to Medication Moderator: dr. Anggoro Budi Hartopo, Ph.D, SpPD, KKV, SpJP & dr. Nur Rachmi Ananda, SpPD, K-P 1. Role of Sildenafil in The Management of Pulmonary Arterial Hypertension Dr. dr. Lucia Kris Dinarti, SpPD, K-KV, SpJP(K) 2. Early Statin Benefit for ACS Patients dr. Hasanah Mumpuni, SpPD, SpJP
10.30 - 11.30	SYMPOSIUM 6 - Dulaglutide in Diabetes Tipe 2 Moderator: dr. Vina Yanti Susanti, Ph.D, SpPD, K-EMD & Prof. dr. Ahmad Husein Asdie, SpPD, K-EMD 1. Dulaglutide an Once Weekly GLP1-RA: Significant Efficacy, Simply Achieved for T2D Treatment dr. R. Bowo Pramono, SpPD, K-EMD 2. Dulaglutide is The First and Only T2D Medicine Approved to Reduce CV Events in Adults With and Without Established CVD dr. Hemi Sinorita, SpPD, K-EMD
11.30 - 12.30	SYMPOSIUM 7 - Reframming Asthma Care Moderator: dr. Sumardi, SpPD, KP & Dr. dr. Deddy Nur Wachid, SpPD, K-R 1. Beware of SABA OVER-RELANCE: Reframing Asthma Management Through Anti-Inflammatory Reliever Based Treatment dr. Eko Budiono SpPD, K-P 2. The Importance of High Dose ICS as 1st Line Treatment as Add On to Standard Treatment in The Management of Asthma Exacerbation dr. Ika Trisnawati, M.Sc, SpPD, K-P
12.30 - 13.00	ISHOMA
13.00 - 14.00	SYMPOSIUM 8 - Management of T2DM Moderator: dr. R. Bowo Pramono, SpPD, K-EMD & Dr. dr. Probosuseno, SpPD, K-Ger 1. Optimizing Glycemic Control with Fixed Dose Combination Therapy dr. M. Robikhul Ikhsan, M.Kes, SpPD, K-EMD 2. New Modality to Treat Insulin Resistance in Prediabetic & Diabetic Patients dr. Vina Yanti Susanti, Ph.D, SpPD, K-EMD
14.00 - 15.00	SYMPOSIUM 9 - Empagliflozin on T2D Treatment: Time to Achieve Beyond Glucose Control Moderator: dr. Hemi Sinorita, SpPD, K-EMD & dr. Vita Yanti Anggraini, Ph.D, SpPD, K-KV 1. Time to Step Up The Treatment! Achieve Your Ultimate T2D Treatment Goals Early With Empagliflozin dr. R. Bowo Pramono, SpPD, K-EMD 2. Cardiovascular Protection by Empagliflozin: How to Optimize Empagliflozin for Patients? Prof. Dr. dr. Budi Yuli S, SpPD, K-KV, SpJP(K), FIHA
15.00 - 15.15	Penutupan

SIMPOSIUM & WORKSHOP PIT | SABTU, 26 MARET 2022

09.00 - 10.00	SYMPOSIUM 10 - Management of Spondyloarthritis Moderator: dr. Yulyani, SpPD, K-R & dr. Putut Bayupumama, SpPD, K-GEH 1. Axial Spondyloarthritis : How to Identify Early? dr. Ayu Paramaiswari, SpPD, K-R 2. The Role of Secukinumab as The First Line Biologic Agent in The Early Treatment of Spondyloarthritis. Dr. dr. Deddy Nur Wachid A, SpPD, K-R	
10.00 - 11.00	SYMPOSIUM 11 Managing Common Chronic Respiratory Disease from The Perspective of Pulmonologist and Immunologist Moderator: dr. Heni Retnowulan, M.Sc, SpPD, K-P & dr. Eko Aribowo, M.Kes, SpPD, K-Ger 1. Managing Asthma and COPD Overlap Syndrome dr. Sumardi, SpPD, K-P 2. Managing Asthma and Allergic at The Same Time dr. Deshinta Putri Mulya, M.Sc, SpPD, KAI	
11.00 - 12.00	SYMPOSIUM 12 - How To Give Basal Insulin Moderator: dr. Vina Yanti Susanti, Ph.D, SpPD, K-EMD & dr. Fahmi Indrarti, SpPD, K-GEH 1. Exploring The Evidence: 2nd – Generation Basal Insulin Analogs dr. R. Bowo Pramono, SpPD, K-EMD 2. Climbing Beyond HbA1c: The Importance of Managing Hypoglycemia dr. M. Robikhul Ikhsan, M.Kes, SpPD, K-EMD	
12.30 - 12.45	Closing	
PARALLEL WORKSHOP		
13.00 - 15.30	WORKSHOP 7 Practicalities Advance Injectable Therapy FRC Basal Insulin/GLP1 for T2DM Patient and How to Perform Self Monitoring Blood Glucose	WORKSHOP 8 Diabetic Foot Ulcer: Update on Prevention and Treatment
	1. How to Perform Self Monitoring Blood Glucose (Case Study) dr. M. Robikhul Ikhsan, M.Kes, SpPD, K-EMD 2. Rational and Benefit Fix Ratio Combination Basal insulin/GLP1RA : Should This Combination be The First Injectable Therapy in T2DM Patients? dr. R. Bowo Pramono, SpPD, K-EMD Case 1 : How to Initiate and Optimize FRCs after Oral Therapy dr. Suharnadi, SpPD, K-EMD Case 2 : How to Initiate and Optimize FRC after Basal or Premix or BB dr. Harli Amir M, SpPD, K-EMD	1. Instruktur - dr. Hemi Sinorita, SpPD, K-EMD 2. Instruktur - dr. Vina Yanti Susanti, Ph.D, SpPD, K-EMD 3. Instruktur - Tri Hartati, M.Kes, Ners

SIMPOSIUM & WORKSHOP PIT | MINGGU, 27 MARET 2022

08.30 - 09.30	SYMPOSIUM 13 - Comprehensive Sepsis Management Moderator: dr. Anna Anggraini, SpPD, K-PTI & dr. Agus Siswanto, SpPD, K-Psi 1. Septic Shock : The Role of Vasopressin dr. Doni Priambodo, SpPD, K-P 2. Intravenous Ibuprofen as an Antipyretic Therapy dr. Rizka Humardewayanti Asdie, SpPD, K-PTI
09.30 - 10.30	SYMPOSIUM 14 - The Art of Fluid and Nutrition Therapy in Pulmonary Disease Moderator: dr. Mardiah Suci Hardianti, PhD, SpPD, K-HOM & Dr. dr. Neneng Ratnasari, SpPD, K-GEH 1. What is The Initial Management of Distributive Shock ? dr. Yanri Wijayanti, Ph.D, SpPD, K-PTI 2. Future Aspects in Parental Nutrition with Pulmonary Disease dr. Ika Trisnawati, M.Sc, SpPD, K-P
10.30 - 11.30	SYMPOSIUM 15 - What's New from The Co-Formulation Insulin Moderator: dr. Vina Yanti Susanti, Ph.D, SpPD-KEMD & Prof. dr. Ahmad Husein Asdie, SpPD, K-EMD 1. Evaluating The Effectiveness and Safety of IdegAsp Co-Formulation Insulin in The Initiation and Switching from Latest Real World Study dr. R. Bowo Pramono, SpPD, K-EMD 2. Clinical Use & Practical Recommendation on IdegAsp in Daily Practice dr. Hemi Sinorita, SpPD-KEMD
11.30 - 12.30	SYMPOSIUM 16 - Optimizing Antibiotic in Intensive Critical Care Moderator: Dr. dr. Dewa Putu Pramantara, SpPD, K-GER & dr. Kartika Widayati, SpPD, K-HOM 1. Exploring The Option: Novel Therapies and Recommendations for MDR Gram-Negative and DTR Pseudomonas Aeruginosa Among HAP/VAP Patients dr. Eko Budiono, SpPD, K-P 2. Updates on Cssti: What's Ideal for Current Practice to Optimize Patient Outcomes dr. Rizka humardewayanti A, SpPD, K-PTI
12.30 - 13.00	ISHOMA
13.00 - 14.00	SYMPOSIUM 17 - Pneumonia Vaccination in Diabetes Comorbidity Moderator: dr. Eko Budiono, SpPD, K-P & dr. Sutanto Maduseno, SpPD, K-GEH 1. Addressing Pneumococcal Disease in Adults with Diabetes dr. Bowo Pramono, SpPD, K-EMD 2. Protecting Targeted Population from Pneumococcal Disease with PPSV23 dr. Deshinta Putri M, M.Sc, SpPD, K-AI
14.00 - 15.00	SYMPOSIUM 18 - Biosimilar Use in The Management of Hemato-Oncologi Malignancy Moderator: Dr. dr. Ibnu Purwanto, SpPD, K-HOM & dr. Johan Kurnianda, SpPD, K-HOM 1. Rationale and Efficacy of Trastuzumab Biosimilar in Her2+ Breast Cancer Dr. dr. Kartika Widayati, SpPD, K-HOM 2. Rationale and Efficacy of Rituximab Biosimilar in Non Hodgkin Lymphoma dr. Mardiah Suci Hardianti, PhD, SpPD, K-HOM
15.00 - 15.15	Penutupan

KONTRIBUSI PENDAFTARAN

PRA PIT | 6 MARET 2022

Mahasiswa	Rp. 100.000,-
Dokter Umum	Rp. 150.000,-
Dokter Spesialis	Rp. 200.000,-

SIMPOSIUM & 3 WORKSHOP | 13, 19-20 & 26-27 MARET 2022

Mahasiswa	Rp. 300.000,-
Dokter Umum	Rp. 500.000,-
Dokter Spesialis	Rp. 800.000,-

Semua pembayaran ditransfer ke rekening Panitia:
Bank Mandiri KK Yogyakarta - RS Sardjito
a.n. PIT Penyakit Dalam RSUP Dr. Sardjito
No. Rek. 137-00-9755559-9



Link pendaftaran :
<http://pitipdyogyadocquity.com>

Kontak Persons :
1. 0818-0403-0707 (Ajeng - Panitia)
2. 0857-1567-7048 (Arum - Docquity)
3. 0813-8653-4441 (Dyan - Docquity)

KEPANITIAAN

- Pengarah/Penasehat** : Ketua PAPDI Cabang Yogyakarta
- Ketua** : dr. Mardiah Suci Hardianti, Ph.D, SpPD, K-HOM
- Wakil Ketua** : dr. M. Robikhul Ikhsan, M. Kes., SpPD, K-EMD
- Sekretaris** : dr. Ika Trisnawati, M. Sc., SpPD, K-P
- Bendahara** : dr. Eko Budiono, SpPD, K-P
dr. Fahmi Indrarti, SpPD, K-GEH
- Seksi Ilmiah** : - dr. Putut Bayupurnama, SpPD, K-GEH
- Prof. Dr. dr. Nyoman Kertia, SpPD, K-R
- Prof. Dr. dr. Budi Yuli Setianto, SpPD, K-KV, SpJP(K), FIHA
- Dr. dr. Ibnu Purwanto, SpPD, K-HOM
- Dr. dr. I Dewa Putu Pramantara, SpPD, K-Ger
- dr. R. Heru Prasanto, SpPD, K-GH
- dr. Rizka Humardewayanti Asdie, SpPD, K-PTI
- dr. Heni Retnowulan, M.Kes., SpPD, K-P
- dr. Noor Asiqah, SpPD, K-Psi
- Seksi Dana** : - dr. R. Bowo Pramono, SpPD, K-EMD
- Dr. dr. Neneng Ratnasari, SpPD, K-GEH
- Dr. dr. Deddy Nur Wachid A, M.Kes, SpPD, K-R
- Dr. dr. Kris Dinarti, SpPD, K-KV, SpJP(K)
- dr. Johan Kurnianda, SpPD, K-HOM
- dr. Doni Priambodo Wijisaksono, SpPD, K-PTI
- dr. Deshinta Putri Mulya, M. Sc., SpPD, K-AI
- dr. Metalia Puspitasari, SpPD, K-GH
- Seksi Publikasi dan Dokumentasi** :
- dr. Eko Aribowo, M. Kes., SpPD, K-Ger
- dr. Catharina Triwikatmani, M.Sc, SpPD, K-GEH
- Seksi Acara** : - dr. Ayu Paramaeswari, SpPD, K-R
- dr. Yulia Wardhani, SpPD
- Sekretariat** : *Supporting Staf*
Bagian Penyakit Dalam RSUP Dr. Sardjito Yogyakarta
Jl. Kesehatan No. 1 Sekip Yogyakarta
Telp. 0274-553119, (0274) 587333 psw 485; Fax. 0274-553120
e-mail : internapityk@gmail.com